

Sheet 088

WRITING 1

A genie grants you three wishes. Write what happens next.

“I can’t live without...”

Write about five things you own.

WRITING 2

What’s something you have never given up—an object, a belief, a perspective, a sense of yourself, etc—no matter what you’ve faced?

Write about something that was once so important that you have now left behind.

Is the glass half empty or half full? Or something else? Is there even a glass?

WRITING 3

What was something you thought was a setback (career, health, relationships, etc) that turned out to be an opportunity?

You are a _____. Write about that. Explain it. What do you want people to know about this part of your identity, life, or experience?

Think of someone whose beliefs, lifestyle, or values are different from yours. Write them a letter of gratitude.

FROM THE WEBSITE

Write about something that was once so important but that you have now left behind.

