

Sheet 034

WRITING 1

What is your favorite of the five senses (touch, sight, sound, taste, smell)?

Is the glass (your glass) half empty or half full?

WRITING 2

When did you last cry? Was it happy tears or sad tears? Write about it.

If you could travel in time to the future, what would you tell your future self?

WRITING 3

If your life were a song/book/movie which one would it be? And which one would you want it to be?

Write a “How To” article. Such as “How To Get Healthy” or “How to Get Unstuck.”

