

Sheet 028

WRITING 1

What's your favorite saying or phrase?

What's something that you do—or fail to do—that bothers other people in your life? Explore the topic.

What would make tomorrow your best day of 2025 so far? Describe it in detail.

WRITING 2

Write your story of homelessness, starting with it: "It all began with..."

Someone—perhaps many people—have hurt or injured you. Write one of them a letter. (It can be a letter of forgiveness, anger, exposure, anything.)

What brings you joy in hard times?

WRITING 3

What's the best way to help someone who is facing homelessness? (Make it personal, if you want.)

Write about light or/and darkness.

Write about your life, using the “second person” voice. (Second person is "You" — as if the reader is you. E.g., "You wake up. Your mouth tastes like sawdust. You stumble to the bathroom and avoid looking in the mirror.")

