

Sheet 025

WRITING 1

Write about the beverages in your life.

Jobs: what was the worst one you had? Or a favorite? Write anything.

Valentine's Day. What do you think about it? Love it? Dislike it?

WRITING 2

What about fear—either generally or about fear in your life. Have you overcome a fear of something? Still dealing with it?

Write about the legal system, courts, law enforcement, the scales of justice, etc.

What's a gift—physical, spiritual, relational, etc.—that you've been given?

WRITING 3

Write about guilt, shame, forgiveness, repentance. How do you navigate all this? Specific memories around this? People that come to mind?

Imagine you have one year left to live. What do you want that year to look like?

What's a change you could make now that will have an immediately positive impact on your life?

