

Sheet 020

WRITING 1

Favorite thing to do in your life right now?

A favorite meal, moment, or experience over the last year?

You're stranded on a desert island. What three things do you want to have?

WRITING 2

What has been the best surprise of 2024?

How to _____ while homeless? (sleep, eat, love, thrive, have hope, etc)

Start writing the story of your life. (Begin anywhere you want.)

WRITING 3

Look ahead. What's a good habit you want to build? Or a bad one to break?

Write about New Year's Resolutions.

Imagine your life is radically better in three months. What happened?

