

Sheet 017

WRITING 1

Share about a favorite moment from the last week.

Write about five things you own.

Write about Thanksgiving from the perspective of the food.

WRITING 2

What are you thankful for?

Write about something you once dreaded but now appreciate.

Write “I remember...” and see where it leads.

WRITING 3

Write about homelessness and gratitude. Or about loss and pain and gratitude.

Write a letter of advice to your older self.

What’s something you want to do differently? Write about it. Imagine your life if you were to make that change.

